



International Parkinson and
Movement Disorder Society

SCOPA-PS

Scales for Outcomes in Parkinson's Disease – Psychosocial Functioning

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SCOPA – PS

Questionnaire on the psychosocial consequences of Parkinson’s Disease

In this questionnaire, we inquire about problems which you may encounter as a result of your illness in the areas of (social) activities, contact with other people, and on an emotional level. When answering the following questions, please think carefully about your personal situation during the *past month*, and consider to what extent the situation described actually posed a problem for you. Tick the box above the answer which best reflects your situation.

1. During the past month, have you had difficulty with work, household or other chores?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
not at all	a little	quite a bit	very much

2. During the past month, have you had difficulty with hobbies, sport or leisure activities?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
not at all	a little	quite a bit	very much

3. During the past month, have you felt uncertain in your contact with others?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
not at all	a little	quite a bit	very much

4. During the past month, have you had problems getting along with your partner, family or good friends?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
not at all	a little	quite a bit	very much

5. During the past month, have you had problems in the area of sexuality?

<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
not at all	a little	quite a bit	very much

6. During the past month, have you felt more house-bound than you would wish to be?

not at all a little quite a bit very much

7. To what extent have you had the feeling that you have had to ask others for help *too* often during the past month?

not at all a little quite a bit very much

8. To what extent have you felt isolated and lonely during the past month?

not at all a little quite a bit very much

9. During the past month, have you had difficulty when having a conversation?

not at all a little quite a bit very much

10. To what extent have you felt ashamed of your disease during the past month?

not at all a little quite a bit very much

11. During the past month, have you been concerned about the future?

not at all a little quite a bit very much

Use of this questionnaire in studies should be communicated to the International Parkinson and Movement Disorder Society (MDS). No changes may be made to the questionnaire without written permission from MDS. Please use the following reference in publications: Marinus J, Visser M, Martínez-Martín P, van Hilten JJ, Stiggelbout AM. A short psychosocial questionnaire for patients with Parkinson's disease: the SCOPA-PS. *J Clin Epidemiol* 2003;56:61-67.

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