

# Texas Tourette Symposium

## What Makes Them Tic?



**February 24, 2017**

**United Way of Greater Houston** • 50 Waugh Drive, Houston, TX 77007

*Endorsed by*



International Parkinson and  
Movement Disorder Society



*Jointly provided by*

Baylor  
College of  
Medicine

 **Tourette  
Association  
of America**

Texas Chapter

## Activity Planning Committee

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Tourette Association of America  
Texas Chapter  
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### **Cindy Sacks**

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## Activity Co-Directors

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Assistant Professor of Neurology  
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Baylor College of Medicine  
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Associate Professor of Neurology and  
Psychiatry and Behavioral Sciences  
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## Activity Faculty

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Clinical Psychologist  
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Professor of Psychiatry  
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### **Susan Connors, M.Ed.**

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Sun City, Arizona

### **Adriana M. Strutt, Ph.D.**

Associate Professor of Neurology and  
Psychiatry and Behavioral Sciences  
Baylor College of Medicine  
Houston, Texas

## Needs Assessment

This educational program will review the latest diagnostic and treatment options for Tourette syndrome (TS) and associated co-morbidities, review updates on research into TS genetics and pathophysiology, and provide information about helping individuals with TS and their families navigate the educational system. The program includes an independent track for educators and families that will cover medical, behavioral, and classroom strategies for recognizing and managing symptoms, and will provide an opportunity for a panel discussion with local and national experts in the field.

## TARGET AUDIENCE

**TRACK 1:** Physicians, psychologists, nurses, residents, fellows, and other healthcare professionals in the following specialties: adult and pediatric neurology, adult and pediatric psychiatry, family practice, internal medicine, and pediatrics

**TRACK 2:** Parents, family members, patients, school counselors, personnel, and other educators

## Educational Objectives

At the conclusion of the course, participants should be able to:

- List common treatments for tics in Tourette syndrome
- Recognize symptoms of and management strategies for common co-morbidities in Tourette syndrome
- Describe the most recent understanding of the pathophysiology of Tourette syndrome
- Recommend appropriate testing and accommodations within the school system for individuals with Tourette syndrome and associated co-morbidities

## Educational Methods

Lecture ■ Case Presentations ■ Question and Answer Sessions ■ Panel Discussion

## Evaluation

Evaluation by questionnaire will address program content, presentation, and possible bias.

## Accreditation/Credit Designation

This activity has been planned and implemented in accordance with the accreditation requirements and policies of the Accreditation Council for Continuing Medical Education (ACCME) through the joint providership of Baylor College of Medicine, the Tourette Association Center of Excellence, and Tourette Association of America Texas Chapter. Baylor College of Medicine is accredited by the ACCME to provide continuing medical education for physicians.

Baylor College of Medicine designates this live activity for a maximum of 6.0 *AMA PRA Category 1 Credits*<sup>™</sup>. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

*AMA PRA Category 1 Credits*<sup>™</sup> only available for Track 1.

## Conference Location

United Way of Greater Houston • 50 Waugh Drive • Houston, TX 77007

## Attire

Attire for the conference is business casual. Since meeting room temperatures and personal comfort levels vary, it is recommended that you bring a sweater or jacket.

### Friday • February 24, 2017

- 7:45 AM **Registration and Breakfast**
- 8:15 **Welcome and Announcements**  
*Adriana M. Strutt, Ph.D.*
- 8:30 **Overview of Tourette Syndrome: Tourette Symptoms and Pathophysiology, Including Genetics**  
*Joseph Jankovic, M.D.*
- 9:15 **Assessment of Tourette Symptoms: Video Examples and Rating Scales**  
*David Shprecher, D.O.*
- 10:00 Break
- 10:15 **Update on Tourette Treatment**  
*Joohee Jimenez-Shahed, M.D., and Tyson Reuter, Ph.D.*
- 11:00 **Managing Co-morbidities**  
*Barbara Coffey, M.D.*
- 11:45 Lunch
- 12:30 PM **Update on Tourette Syndrome Research**  
*Irene Malaty, M.D.*
- 1:15 **Adult Tourette Syndrome**  
*David Shprecher, D.O.*
- 2:00 Break
- 2:15 **Neuropsychology of Tourette Syndrome**  
*Adriana M. Strutt, Ph.D.*
- 3:00 **Educational Primer – What Do You Need to Know About the Educational System?**  
*Susan Conners, M.Ed.*
- 3:45 Adjourn

*Faculty, topics, program schedule, and credit are subject to change. Audio or videotaping is prohibited without written permission from the Activity Director and the Office of Continuing Medical Education, Baylor College of Medicine, Houston, Texas.*

### Friday • February 24, 2017

- 7:45 AM **Registration and Breakfast**
- 8:15 **Welcome and Announcements**  
*Joohi Jimenez-Shahed, M.D.*
- 8:30 **Tourette Syndrome Overview – Who, What, Where, When, Why?**  
*Joohi Jimenez-Shahed, M.D.*
- 9:15 **Tourette Syndrome Treatment**  
*Barbara Coffey, M.D.*
- 10:00 Break
- 10:15 **Behavioral Management – Meds and Non-meds**  
*Irene Malaty, M.D.*
- 11:00 **Managing Life at Home with Tourette Syndrome – Healthy Lifestyle**  
*Carol Brady, Ph.D.*
- 11:45 Lunch
- 12:30 PM **Education Difficulties in Tourette Syndrome**  
*James Poysky, Ph.D.*
- 1:15 **Classroom Strategies for Students with Tourette Syndrome/Tourette Syndrome In-service**  
*Susan Conners, M.Ed.*
- 2:00 Break
- 2:15 **Recognition and Behavioral Strategies for ADHD and OCD**  
*Suzanne Mouton-Odum, Ph.D.*
- 3:00 **Panel Discussion – Question & Answer Session**  
*All faculty*
- 3:45 Adjourn

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## **Fee, Registration, and Confirmation Information**

Refer to the registration form for the fee schedule. Your registration will not be processed until payment is received. Your registration will be confirmed. If you have not received confirmation at least 5 business days before the activity start date, contact the Office of Continuing Medical Education (OCME) immediately.

If you plan to register on-site, contact OCME at least 24 hours in advance to confirm activity status and space availability. The OCME reserves the right to limit the number of participants in an activity and will not be responsible for any expenses incurred by an individual whose registration is not confirmed and for whom space is not available.

**To register/pay online visit the activity website at [BaylorCME.org/CME/1530](https://www.baylorcme.org/CME/1530) and follow the instructions.**

## **Refund/Cancellation Policy**

Requests for registration refunds must be in writing and received by the OCME at least 10 business days before the activity begins. The date the request is received by the OCME will be considered the cancellation date. Requests received after the refund deadline will not be processed. Cancellations are subject to a \$50 administrative fee deducted from the registration fee paid to cover guarantees and other expenses. Requests should be emailed to [cme@bcm.edu](mailto:cme@bcm.edu).

The OCME reserves the right to cancel activities, not less than 10 business days before the scheduled date, if extenuating circumstances make it necessary. Registrants will be notified at the contact number indicated on the registration form, and again in writing. If an activity is cancelled, OCME's liability is limited to the registration fee. Note: If the registration payment was made by check, a Social Security number is required to process the refund.

## **Disclosure**

To meet the requirements of the Accreditation Council for Continuing Medical Education (ACCME), it is the policy of Baylor College of Medicine that all individuals who are in a position to control the content of the CME activity (activity director, planning committee members, and faculty) disclose relevant financial relationships with commercial interests. All identified conflicts of interest are managed to help ensure that the educational material is scientifically based, accurate, current, and objectively presented. Specific disclosure will be made to the participants before the educational activity.

Registration for, attendance at, and/or participation in this activity constitutes acknowledgement by the registrant/attendee/participant that photos may be made of the conference events and constitute agreement by the registrant/attendee/participant that Baylor College of Medicine may use and distribute in its publications, on its website, and in the conference proceedings, such photos that include the image of the registrant/attendee/participant.

By participating in the activity, the registrant/attendee/participant acknowledges that he/she agrees to these stipulations. Audio or videotaping is prohibited without written permission from the Activity Director and the Office of Continuing Medical Education, Baylor College of Medicine, Houston, Texas.

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## What Makes Them Tic?

### TWO WAYS TO REGISTER

**ONLINE:** BaylorCME.org/CME/1530

**MAIL:** Baylor College of Medicine • Office of CME (1530) • P.O. Box 4708 • Houston, TX 77210-4708

### PLEASE SELECT THE TRACK YOU WILL BE ATTENDING:

**TRACK 1** (Physicians, psychologists, nurses, residents, fellows, and other healthcare professionals)

**TRACK 2** (Parents, family members, patients, school counselors, personnel, and other educators)

### REGISTRATION FEES – TRACK 1

- Physician .....\$195
- Full-time BCM Faculty .....\$50
- Psychologist.....\$125
- Nurse .....\$125
- BCM Resident\* .....\$50
- BCM Fellow\* .....\$50
- Non-BCM Resident\* .....\$70
- Non-BCM Fellow\* .....\$70
- Other Healthcare Professional .....\$100

### REGISTRATION FEES – TRACK 2

- Educator-Counselor/Personnel.....\$100
- Parent/Family Member .....\$100
- Patient.....\$100
- Psychologist.....\$125
- Nurse .....\$125
- Other Healthcare Professional .....\$100

*\*Email verification of status within 24 hours to cme@bcm.edu.*

Name: \_\_\_\_\_  
*First MI Last*

Degree: \_\_\_\_\_ *Please check if:*  Resident  Fellow

Affiliation: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ ZIP: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ National Provider Identifier (NPI): \_\_\_\_\_

Email: \_\_\_\_\_

Specialty: \_\_\_\_\_ Prof. License (No./State): \_\_\_\_\_

Emergency Contact/Phone: \_\_\_\_\_

### METHOD OF PAYMENT *(Your registration must be PREPAID)*

Check or money order (in U.S. funds) made payable to: *Baylor College of Medicine*

Visa®  MasterCard®  Discover®  Amex® \$ \_\_\_\_\_ **Total amount enclosed**

Card No. \_\_\_\_\_ Exp. Date: \_\_\_\_\_

Name on the Card: \_\_\_\_\_

Authorized Signature: \_\_\_\_\_

**Special Requests:** Contact OCME if you have any dietary needs (specify below) or any ADA accommodation needs.

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\_\_\_\_\_

### FOR OFFICIAL USE ONLY

CK      CC      LB      Cash

Date:

Amount: