Nursing patients with movement disorders

About the Australian College of Nursing
The Australian College of Nursing (ACN) believes that each and every nurse in Australia should have the opportunity to grow their career and further our profession. ACN provides nurses with tools to plan their career pathway, educational supports, opportunities to network and participate in professional forums and a range of benefits that stem from being part of a profession that is moving in the right direction.

Visit www.acn.edu.au to find out more.

About the course
This course is conducted over two days and is equivalent to 14 continuing professional development (CPD) hours. Please note that this course is subject to change without notice.

Who should attend?
This course aims to introduce nurses to Parkinson’s disease and other illnesses in the spectrum of movement disorders. The course will identify the signs and symptoms of movement disorders and their impact on the individual and family along the continuum of illness progression. Participants will increase their knowledge of evidence-based medical and surgical treatments and the importance of the nursing role and its place in the multidisciplinary team.

Key learning outcomes
On completion of this course, participants will be better able to:

- identify the medical and surgical treatments for movement disorders
- understand the importance of the movement disorder nurse within the multidisciplinary team.

Venue
20 – 21 October – Melbourne, VIC

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Day 1
0830 – 0900 Welcome, introductions and sponsor thank you
0900 – 0930 What is Parkinson’s?
  - including history, diagnosis and key motor, non-motor and autonomic symptoms
0930 – 1030 Parkinson’s medication
1030 – 1045 Morning tea break
1045 – 1130 Atypical Parkinson’s
  - PSP/MSA/CBD/LDB prognosis and the common differential diagnosis from PD
  - nursing considerations and nursing care
1130 – 1215 Managing Parkinson’s in daily life
1215 – 1300 Non-motor challenges of PD
1300 – 1345 Lunch
1345 – 1415 Cognitive changes and challenges in PD
1415 – 1500 Sexual function in Parkinson’s
1500 – 1515 Afternoon tea break
1515 – 1600 Management of PD and other movement disorders in critical care areas
1600 – 1645 Advance care planning and palliative care for the person with PD or atypical Parkinson’s
1645 – 1715 Summary of the day
Day 2

0900 – 1030 The movement disorder nurse – an emerging nurse specialist
- MD nursing: an international perspective
- measuring the impact of the nurse on PLWP and the health economy
- the role of the nurse in the multidiscipline team

1030 – 1045 Morning tea break

1045 – 1300 Emerging and continuous treatments
- trial drugs
- apomorphine
- duo-dopa

Nursing research and the role of the nurse in research in movement disorders

1300 – 1345 Lunch

1345 – 1445 Stereotactic surgery

1445 – 1530 Other movement disorders

1530 – 1600 Case study – what nurses can offer to make a difference

1600 – 1630 Summary, evaluation and finish