



*Being apart doesn't mean we can't come together!*

During these extraordinary times of COVID-19 we know that many of our clients with Parkinson's disease and other conditions may be isolated and unable to receive ongoing services. **Please see below for NEW exercise classes that will be extended, FREE of charge, for people with PD during through the month of May. Scroll further for other helpful resources.**

### **Free online introductory exercises classes:**

Join us for a fun and informative 30-minute session on LSVT LOUD or LSVT BIG! Learn about these highly effective treatments for improving communication and mobility in people with Parkinson's disease. We will present a 15-minute overview of LSVT LOUD or LSVT BIG and then engage in 15 minutes of interactive vocal or movement exercises. We will be available after the demonstration to answer questions.

This is a great way for those **new** to LSVT LOUD and LSVT BIG to learn more!

#### **Class Schedule:**

##### **LSVT LOUD Introduction and Interactive Voice Exercise Demonstration**

Wednesday, April 22nd	1:00 PM EDT
Wednesday, May 6th	1:00 PM EDT
Wednesday, May 20th	1:00 PM EDT

Register [HERE](#) and choose the session you prefer (class size limited)

##### **LSVT BIG Introduction and Interactive Exercise Demonstration**

Wednesday, April 29th	1:00 PM EDT
Wednesday, May 13th	1:00 PM EDT
Wednesday, May 27th	1:00 PM EDT

Register [HERE](#) and choose the session you prefer (class size limited)

 [www.lsvtglobal.com](http://www.lsvtglobal.com)  1-888-438-5788 or 520-867-8838  [info@lsvtglobal.com](mailto:info@lsvtglobal.com)

## Free online teleLOUD for LIFE™ and teleBIG for LIFE™ classes for LSVT LOUD and LSVT BIG graduates:

teleLOUD for LIFE and teleBIG for LIFE are internet based, group exercise classes for those who have already completed all 16 sessions of the full LSVT LOUD or LSVT BIG treatment programs. The classes are led by speech-language pathologists or physical or occupational therapists who are LSVT LOUD/LSVT BIG Certified and trained to lead LOUD for LIFE or BIG for LIFE classes.

These classes can serve as a great alternative for LSVT graduates who may not be able to attend maintenance classes due to current stay-at-home guidelines.

NOTE: teleLOUD for LIFE and teleBIG for LIFE are **exercise** classes, not therapy. These classes in no way replace the need for assessment and therapy delivered by a qualified speech, physical or occupational therapist.

### Class Schedule:

#### teleLOUD for LIFE classes for LSVT LOUD graduates

Our April and May sessions are listed below:

Friday, April 24th	12:00 PM EDT
Friday, May 1st	12:00 PM EDT
Friday, May 8th	12:00 PM EDT
Friday, May 15th	12:00 PM EDT
Friday, May 22nd	12:00 PM EDT
Friday, May 29th	12:00 PM EDT

Join [HERE](#) and choose when to begin.

#### teleBIG for LIFE classes for LSVT BIG graduates

Our April sessions are listed below:

Friday, April 24th	2:00 PM EDT
Friday, May 1st	2:00 PM EDT
Friday, May 8th	2:00 PM EDT
Friday, May 15th	2:00 PM EDT
Friday, May 22nd	2:00 PM EDT
Friday, May 29th	2:00 PM EDT

Join [HERE](#) and choose when to begin.

## Free live webinars

These webinars are presented monthly on a range of topics geared towards people with PD and their family/friends. They are open for anyone to attend. Upcoming webinars include:

### **Increasing Amplitude of Small Movements: Improving Fine Motor Skills through LSVT BIG**

Wednesday, April 22<sup>nd</sup>                      2:00 PM EDT                      Register [HERE](#)

### **The Integral Role of Occupational Therapy in a Parkinson-Specific Rehabilitation Approach: LSVT BIG®!**

Monday, April 27<sup>th</sup>                              8:00 PM EDT                      Register [HERE](#)

### **The Impact and Treatment of Non-Motor Symptoms in LSVT LOUD® and LSVT BIG®**

Wednesday, May 20<sup>th</sup>                      2:00 PM EDT                      Register [HERE](#)

### **Application of LSVT LOUD® to neurological conditions beyond Parkinson disease**

Wednesday, June 17<sup>th</sup>                      2:00 PM EDT                      Register [HERE](#)

## Free on-demand webinars

These free on demand webinars are available on a range of topics and can be watched at any time. Click [HERE](#) to view all topics and watch a webinar. Example topics include:

- Telepractice delivery of LSVT LOUD® and LSVT BIG®: what you need to know! [View NOW](#)
- Deep Brain Stimulation and LSVT LOUD: Communication Challenges and Treatment Solutions [View NOW](#)
- Maintain the Gains! Life After LSVT LOUD® and LSVT BIG® [View NOW](#)
- Early Parkinson Disease: A discussion on the benefits of exercise and LSVT BIG® [View NOW](#)
- Client Experiences with LSVT LOUD and LSVT BIG [View NOW](#)
- Application of LSVT BIG to Advanced and Atypical PD [View NOW](#)

- Application of LSVT LOUD to Advanced and Atypical Parkinson's Disease [View NOW](#)

Introductory webinars are also available in Spanish, Turkish, Portuguese, German, French, Japanese, and Russian.

## Reduced pricing on Vimeo downloads or streaming of LSVT LOUD and LSVT BIG Homework Helper Videos.

Pricing is reduced 40% for the next 60 days to help people with PD to continue their exercises at home.

Rental/streaming for a year:	\$9.00 (retail \$15/year)
Download:	\$17.00 (retail \$28)

Access LSVT BIG [HERE](#)

Access LSVT LOUD [HERE](#)

## General information links on our website:

### [Find LSVT Clinicians](#)

Use this link to find LSVT LOUD or LSVT BIG certified clinicians near you. In addition, you can search for **eLOUD providers** who deliver LSVT LOUD via telepractice. If you have any difficulty using the website to locate clinicians, email [info@lsvtglobal.com](mailto:info@lsvtglobal.com) or call 1-888-438-5788 and we will assist you.

### [What is LSVT LOUD?](#)

Learn about the LSVT LOUD, who it can help, and how it differs from other speech therapy programs.

### [What is LSVT BIG?](#)

Learn about LSVT BIG, who it helps, and how it differs from other physical/occupational therapies.

### [Information for Patients and Families](#)

Discover how communication and movement can be improved with LSVT programs.

### [Videos](#)

### [Research](#)

## LSVT Companion® Client Edition:

FDA-cleared medical device, this speech exercise computer program leads you through LSVT LOUD exercises, measures results and provides instant feedback via a virtual coach! This is for use during or after treatment. The LSVT Companion requires a prescription from your LSVT LOUD certified clinician. You can learn more about the LSVT Companion [HERE](#).