



## Physiotherapy Summer School

### DAY 1 – Friday, September 6, 2019 *Movement Disorders: Phenomenology and Assessment*

<b>8:00 – 9:00</b>	<i>Registration</i>				
9:00 – 9:30	<b>Welcome to the Summer School</b> <i>Georg Ebersbach</i>				
9:30 – 10:00	<b>An Approach to Patients with Movement Disorders</b> <i>Joaquim Ferreira</i>				
10:00 – 10:30	<b>Parkinson's Disease Phenomelogy and Progression</b> <i>Georg Ebersbach</i>				
10:30 – 11:00	<b>Dystonia, Ataxia and Functional Movement Disorders: What is Relevant for Therapists?</b> <i>Bastiaan Bloem</i>				
<b>11:00 – 11:30</b>	<i>Coffee Break</i>				
<b>BREAKOUT SESSIONS BY EXPERTISE</b> <i>Group Assignments on Handout</i>					
	<b>REGULAR EXPERTISE THERAPISTS</b>		<b>ADVANCED EXPERTISE THERAPISTS</b>		
11:30 – 12:00	<b>Parkinson's Disease Revisited: Medical Management; Implications for Rehabilitation</b> <i>Laura Avanzino</i>		<b>Special Challenges I: Patients with DBS, Atypical Parkinsonism, Implications for Rehabilitation</b> <i>Georg Ebersbach</i>		
12:00 – 12:30	<b>How to Assess Patients with Parkinson's Disease</b> <i>Maarten Nijkrake</i>		<b>Special Challenges II: Exercise in Camptocormia and Pisa-Syndrome</b> <i>Bastiaan Bloem</i>		
12:30 – 13:00	<b>Long-Term Complications and Their Management in Parkinson's Disease</b> <i>Joaquim Ferreira</i>		<b>Special Challenges III: Exercise in Other Movement Disorders</b> <i>Elisa Pelosin</i>		
<b>13:00 – 13:45</b>	<i>Lunch</i>				
13:45 – 14:15	<b>Assessment of Gait and Balance in Parkinson's Disease</b> <i>Bastiaan Bloem</i>				
14:15 – 14:45	<b>Physiotherapy Guidelines for Parkinson's Disease</b> <i>Maarten Nijkrake</i>				
<b>CLINICAL EXAMINATION ROUNDS</b>					
14:45 – 14:50	<b>Split into Groups</b> Group Assignments on Handout				
14:50 – 15:45	<b>Clinical Examination Rounds</b> 25 minutes per round + 5 minute rotation - Rounds schedule below				
	<b>ROOM 3.25</b> Ferreira / Vogel	<b>ROOM 3.33</b> Rach / de Vries	<b>ROOM 4.38</b> Gandor / Pelosin	<b>ROOM 4.28</b> Gruber / Nijkrake	<b>ROOM 3.37</b> Schmidt / Avanzino
14:50 – 15:15	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>	<b>E</b>
15:20 – 15:45	<b>E</b>	<b>A</b>	<b>B</b>	<b>C</b>	<b>D</b>

15:45 – 16:15	<i>Coffee Break</i>				
<b>CLINICAL EXAMINATION ROUNDS</b>					
16:15 – 17:40	<b>Clinical Examination Rounds</b> 25 minutes per round + 5 minute rotation - Rounds schedule below				
	<b>ROOM 3.25</b> Ferreira / Vogel	<b>ROOM 3.33</b> Rach / de Vries	<b>ROOM 4.38</b> Gandor / Pelosin	<b>ROOM 4.28</b> Gruber / Nijkrake	<b>ROOM 3.37</b> Schmidt / Avanzino
16:15 – 16:40	D	E	A	B	C
16:45 – 17:10	C	D	E	A	B
17:15 – 17:40	B	C	D	E	A
17:45	<b>Closing</b>				
18:30	<i>Video Dinner</i> <i>Neurologisches Fachkrankenhaus für Parkinson - Cafeteria</i>				

<b>Day 2 – Saturday, September 7, 2019</b> <i>Rehabilitation Assessment and Management</i>					
9:00 – 9:30	<i>Registration Desk Open</i>				
9:30 – 10:00	<b>Physiotherapy Interventions for Gait Disorders</b> <i>Maarten Nijkrake</i>				
10:00 – 10:30	<b>Physiotherapy Interventions for Balance Problems</b> <i>Nienke de Vries</i>				
10:30 – 11:00	<b>Physiotherapy Interventions for Posture and Transfer Problems</b> <i>Margherita Fonsato</i>				
11:00 – 11:30	<i>Coffee Break</i>				
11:30 – 12:00	<b>Falls – Risk and Prevention</b> <i>Laura Avanzino</i>				
12:00 – 12:30	<b>Neuropsychological Problems in Parkinson’s Disease – Implications for Exercise</b> <i>Joaquim Ferreira</i>				
12:30 – 13:00	<b>Amplitude-Oriented Therapies for Parkinson’s Disease</b> <i>Georg Ebersbach</i>				
13:00 – 13:30	<b>Music and Rhythmic Stimuli to Enhance Movement</b> <i>Stefan Mainka</i>				
13:30 – 14:15	<i>Lunch</i>				
<b>PRACTICAL WORKSHOPS</b> <i>Group Assignments on Handout</i>					
14:15 – 15:50	<b>How to Assess Patients with Parkinson’s Disease and Other Movement Disorders:</b> 20 minute workshop + 5 minute rotation <ul style="list-style-type: none"> <li>Gait Tests, including FOG – <i>Ramona Schilling and Margherita Fonsato</i></li> <li>Evaluation of Transfers – <i>Juliane Rach and Nienke de Vries</i></li> <li>Balance Assessment – <i>Annette Sprock and Elisa Pelosin</i></li> <li>Physical Capacity Assessment – <i>Silke Seitz and Maarten Nijkrake</i></li> </ul>				
	<b>ROOM 3.37</b> <i>Schilling / Fonsato</i>	<b>ROOM 3.25</b> <i>Rach / de Vries</i>	<b>ROOM 3.33</b> <i>Sprock / Pelosin</i>	<b>CORRIDOR 3/4</b> <i>Seitz / Nijkrake</i>	
14:15 – 14:35	1	2	3	4	
14:40 – 15:00	4	1	2	3	
15:05 – 15:25	3	4	1	2	
15:30 – 15:50	2	3	4	1	
15:50 – 16:10	<i>Coffee Break</i>				

<b>PRACTICAL WORKSHOPS</b>				
16:10 – 17:45	<b>How to Treat Patients with Movement Disorders, Using Patient Demonstrations:</b> <i>20 minute workshop + 5 minute rotation</i> <ul style="list-style-type: none"> <li>How to Apply Clinical Exercise – <i>Juliane Rach and Nienke de Vries</i></li> <li>How to Apply Dual Task Training – <i>Annette Sprock and Laura Avanzino</i></li> <li>How to Apply Cueing for Gait – <i>Stefan Mainka and Margherita Fonsato</i></li> <li>How to Train Transfers – <i>Silke Seitz and Maarten Nijkrake</i></li> </ul>			
	<b>ROOM 3.33</b> <i>Rach / de Vries</i>	<b>CORRIDOR 3/4</b> <i>Sprock / Avanzino</i>	<b>ROOM 3.37</b> <i>Mainka / Fonsato</i>	<b>ROOM 3.25</b> <i>Seitz / Nijkrake</i>
16:10 – 16:30	<b>1</b>	<b>2</b>	<b>3</b>	<b>4</b>
16:35 – 16:55	<b>4</b>	<b>1</b>	<b>2</b>	<b>3</b>
17:00 – 17:20	<b>3</b>	<b>4</b>	<b>1</b>	<b>2</b>
17:25 – 17:45	<b>2</b>	<b>3</b>	<b>4</b>	<b>1</b>
17:45 – 18:30	<b>Participant Cases: Clinical Reasoning from Therapists Own Practice</b> Group Assignments on Handout – Based upon Expertise			
18:30	<b>Closing &amp; Departure to Train</b> Train to Berlin-Wannsee departs at 19:02			
<i>19:30</i>	<i>Social Dinner</i> <i>Loretta am Wannsee</i>			

<b>Day 3 – Sunday, September 8, 2019</b> <i>Multidisciplinary Approach</i>	
<i>9:00 – 9:30</i>	<i>Registration Desk Open</i>
9:30 – 10:00	<b>How It Should Be: How to Implement Multidisciplinary Networks</b> <i>Maarten Nijkrake</i>
10:00 – 10:30	<b>How It (Often) Is: How to Adapt Therapy to Poor Health Care System Circumstances</b> <i>Georg Ebersbach</i>
<b>PRACTICAL WORKSHOPS</b> <i>WHAT PHYSIOTHERAPISTS SHOULD KNOW ABOUT...</i>	
10:30 – 11:00	<b>Speech Problems</b> <i>Annemarie Vogel</i>
11:00 – 11:30	<b>Disturbance of Fine Motor Tasks</b> <i>Elisa Pelosin</i>
<i>11:30 – 12:00</i>	<i>Coffee Break</i>
12:00 – 12:30	<b>Role of VR and Other New Technologies for the Management of Parkinson's Disease</b> <i>Margherita Fonsato</i>
12:30 – 13:00	<b>What Can We Teach People with Parkinson's Disease for Home Based Programs?</b> <i>Nienke de Vries</i>
13:00 – 14:00	<b>Additional Participant Cases: Clinical Reasoning from Therapists Own Practice</b>
14:00 – 14:30	<b>Wrap-Up and Overview of Opportunities within MDS and How to Get Involved</b> <i>Georg Ebersbach</i>